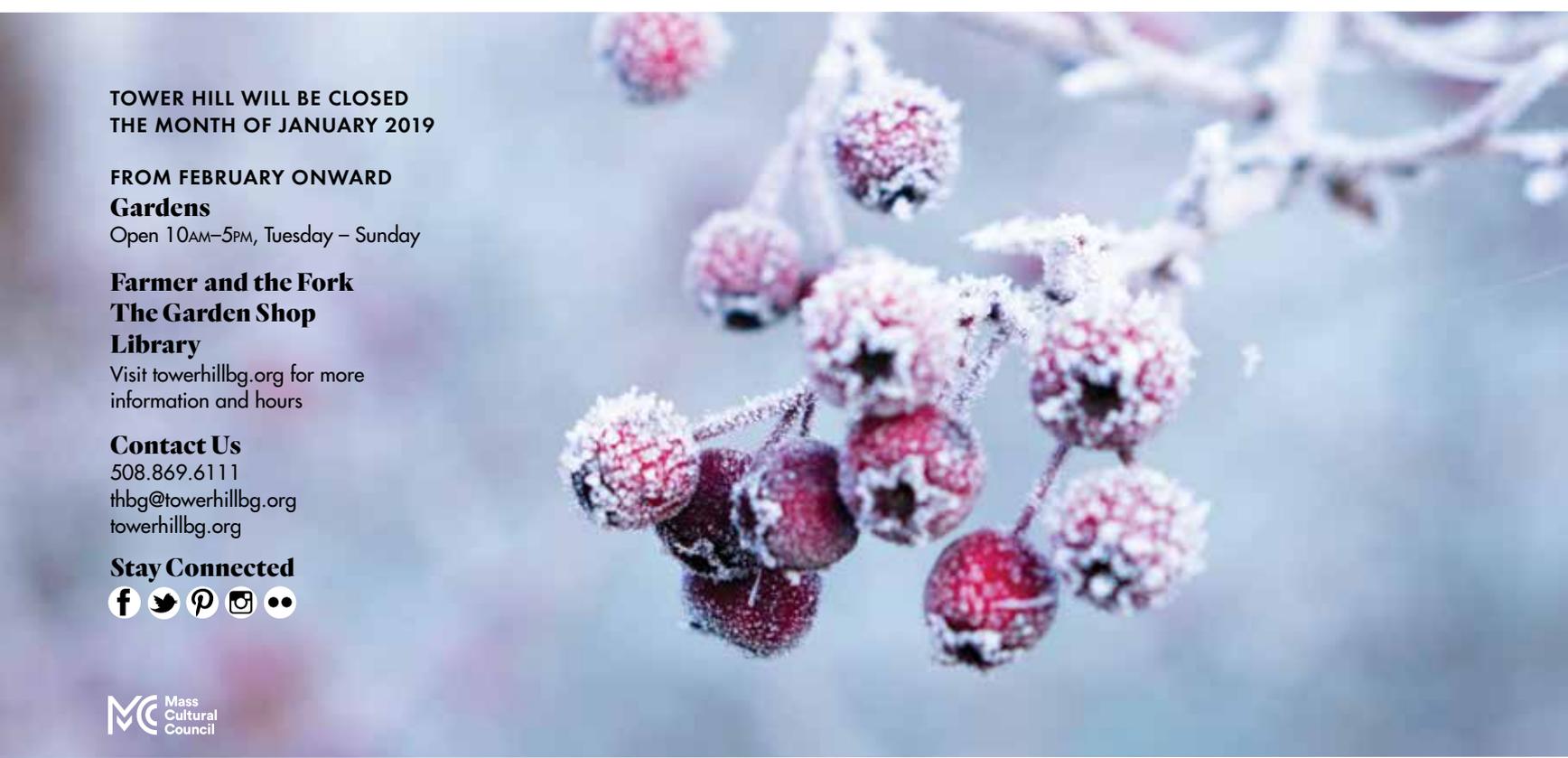




TOWER HILL BOTANIC GARDEN

EVENTS

JANUARY / FEBRUARY / MARCH
2019



TOWER HILL WILL BE CLOSED
THE MONTH OF JANUARY 2019

FROM FEBRUARY ONWARD

Gardens

Open 10AM–5PM, Tuesday – Sunday

Farmer and the Fork

The Garden Shop

Library

Visit towerhillbg.org for more
information and hours

Contact Us

508.869.6111

thbg@towerhillbg.org

towerhillbg.org

Stay Connected



REGISTER TODAY!

towerhillbg.org 508.869.6111 x124

Pre-registration is recommended. Program fees include Garden admission for non-members unless otherwise noted. Please visit our website for full program details and our cancellation policy. Members receive discounts on programs. Join today!

A = All Levels B = Beginner I = Intermediate/Advanced

Garden Wisdom Wednesdays

Join our talented horticulture team on the last Wednesday of the month as they share their expertise through garden tours, demos, Q&As, and more. Included with admission; registration required. **A**

Houseplants: Hidden Treasures

Wednesday, February 27, 2-3PM

Stroll through the conservatories with Conservatory Gardener Matthew Tetreault and explore the fascinating world of houseplants. Learn which plants thrive in different lighting conditions and how to incorporate them into your own houseplant collection. **A**

Forcing Branches to Bloom Indoors

Wednesday, March 27, 2-3PM

Discover how to create an early breath of spring in your own home with branches of spring-flowering shrubs and trees. Join a member of the horticulture staff on a garden walk to learn which flowering shrubs and trees are good candidates for forcing into bloom for indoor display. The staff will also share tips on pruning, timing the harvesting of branches, and conditioning them properly. **A**

Gardens & Nature

Additional Gardens & Nature programming can be found in the Healers & Killers section of this bulletin.

What to Propagate and How to Do It

Saturday, February 2, 9:30-11:30AM

Member \$50, Non-member \$64;

materials included

INSTRUCTOR: DAN JAFFE

In this workshop, you will learn the basics of propagation techniques, including the best plants to grow from seed. Sow seed flats to take home and nurture for seedlings in the spring. **B**

Design-less Gardening

Saturday, February 2, 1-3PM

Member \$26, Non-member \$40

INSTRUCTOR: DAN JAFFE

Rethink the old rules of gardening and learn how to build beautiful, resilient, and ecologically viable gardens without the services of a full-time gardener. **A**

Insects & Disease in the Landscape: Q&A

Saturday, March 9, 11AM-12NOON

INSTRUCTOR: GARY ALIA

During this informative Q&A session, experienced green-industry professional Gary Alia will answer all your questions about the insect and diseases affecting your trees, shrubs, perennials, and lawns. **A**

Spring Dish Garden

Sunday, March 10, 1-3PM

Member \$80, Non-member \$94;

Materials included

INSTRUCTOR: BETSY WILLIAMS

Plant a portable spring garden to enjoy indoors while waiting for warm weather to arrive. **B**

Starting Seeds Indoors

Saturday, March 16, 9:30AM-12:30PM

Member \$45, Non-member \$59

INSTRUCTOR: CHRISTIE HIGGINBOTTOM

Learn which plants will most benefit from a head start indoors and which tools, supplies, and techniques to use. Participants will sow two flats to take home. **B**

Winter Tree ID

Saturday, March 16, 1:30-3:30PM

Member \$13, Non-member \$27

INSTRUCTOR: ANN MARIE PILCH

Learn how to identify native trees without their leaves. We'll start inside and then head outdoors to practice hands-on identification. **B**

Introduction to Home Greenhouses

Saturday, March 23, 12:30-3:30PM

Member \$39, Non-member \$53

INSTRUCTOR: PAUL STEEN

Learn how to get started with caring for your own home greenhouse. Topics covered include greenhouse types, plant selection, and year-round planning and maintenance. **B**

Conifer Grafting for the Home Gardener

Saturday, March 30, 9:30AM-12:30PM

Member \$60, Non-member \$74

INSTRUCTOR: ADAM WHEELER

Join Broken Arrow Nursery's grafting guru for this hands-on workshop. After the lecture, you'll graft several specimens to take home. **I**

Art, Design & Craft

Taking Better Pictures with Your Digital Camera

Saturday, March 2, 9:30AM-2:30PM

Member \$65, Non-member \$79

INSTRUCTOR: STEVE MCGRATH

Learn how to use your camera's special features to improve your photography. **B**

Introduction to Zentangle

Sunday, March 10, 1-4:30PM

Member \$45, Non-member \$59;

materials included

INSTRUCTOR: KAREN KEEFE

Discover this easy, meditative method for creating images from repetitive patterns. **B**

Valentine Flowers with DIY Bamboo Container

Sunday, February 10, 1:30-3:30PM

Member \$60, Non-member \$74;

materials included

INSTRUCTOR: MARY BETH HAYES

Make a distinctive flower container using bamboo tubes, then fill it with beautiful flowers and vines for Valentine's Day. **A**

Tell Your Garden Story

Saturday, March 16, 2-4PM

Member \$5, Non-member \$19; materials included

INSTRUCTOR: ALENA MCNAMARA

Join us in the Tower Hill Library to create your own hand-crafted "zine" featuring the story of your family with plants! **A**

Sogetsu Ikebana

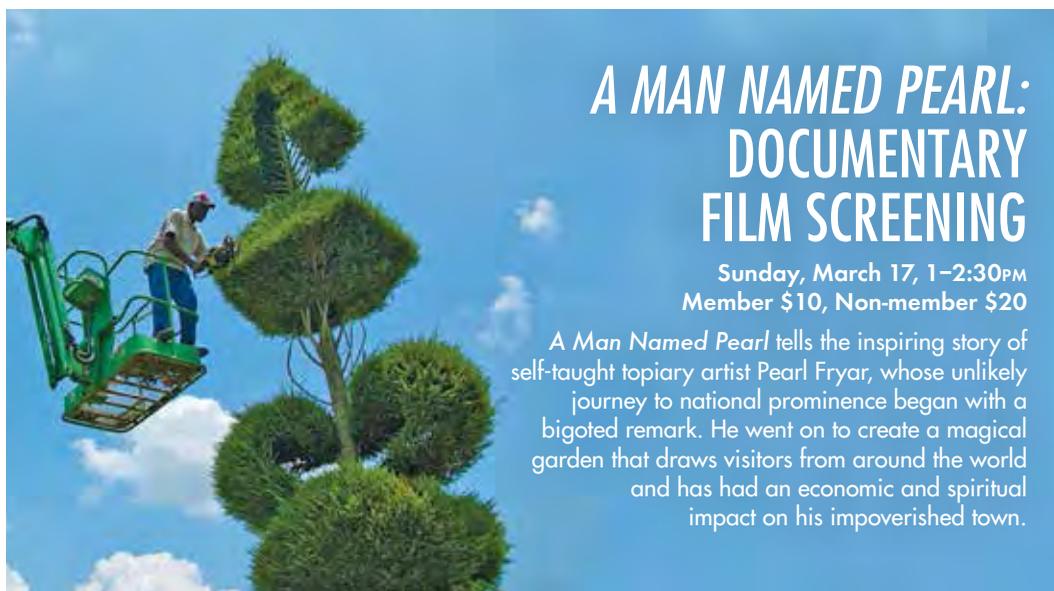
Thursday, March 21, 9:30AM-12NOON

Member \$35, Non-member \$49;

some materials included

INSTRUCTOR: KAYE VOSBURGH

Practice this internationally recognized method of Japanese flower arranging. **A**



A MAN NAMED PEARL: DOCUMENTARY FILM SCREENING

Sunday, March 17, 1-2:30PM

Member \$10, Non-member \$20

A Man Named Pearl tells the inspiring story of self-taught topiary artist Pearl Fryar, whose unlikely journey to national prominence began with a bigoted remark. He went on to create a magical garden that draws visitors from around the world and has had an economic and spiritual impact on his impoverished town.

© PEARL FRYAR TOPIARY GARDEN

LOCAL FOOD HEROES

Sunday, March 24, 1–2:30PM
Included with admission

PRESENTERS: REGIONAL ENVIRONMENTAL COUNCIL, MILL CITY GROWS, WORLD FARMERS, NEW ENTRY SUSTAINABLE FARMING PROJECT, AND GREEN CITY GROWERS

Join us as a variety of local organizations discuss the work they do to empower individuals and strengthen community by building local food systems. Come and meet some hometown horticultural heroes and be inspired to take action in your own community.



Colored Pencil Botanicals: Vivid Highlights on Toned Paper

Sundays, March 24 & 31, 9:30AM–3:30PM
TWO-DAY WORKSHOP: Member \$150,
Non-member \$164

INSTRUCTOR: KELLY LEWIS

Adding vivid highlights gives depth and drama to your drawings. Using toned paper for midtones, students will learn how to create botanical drawings of holly leaves and stems with colored pencils. Materials list provided. **A**

Intermediate Photography

Saturday, March 30, 9:30AM–2:30PM
Member \$65, Non-member \$79

INSTRUCTOR: STEVE MCGRATH

Take your photography skills to the next level, exploring camera controls, manual focus, and more. **I**

Health & Wellness

Additional Health & Wellness programming can be found in the Healers & Killers section of this bulletin.

Yoga in the Garden

Thursdays, beginning February 7, 6–7:15PM
PER CLASS: Member \$10, Non-member \$17

INSTRUCTOR: MANDI GARRISON

Practice gentle-to-moderate flow yoga. Bring your own mat. Walk-ins welcome. **A**

Forest Bathing in the Conservatories

Thursday, February 14 & Wednesday, March 13,
9:30–11:30AM

PER CLASS: Member \$26, Non-member \$40

INSTRUCTOR: NADINE MAZZOLA

Explore this simple yet profound practice, which combines mindfulness, sensory awareness, and nature. **A**

Yoga Mini-Retreat: Practices for Goal-Setting and Manifestation

Saturday, March 9, 9AM–12NOON
Member \$45, Non-member \$59

INSTRUCTORS: JENNIE BACKSTROM & MANDI GARRISON

Open your body and mind to set goals and prepare for a new season through yoga, meditation, and journaling. **A**

Qigong & Tai Chi in the Conservatories

Tuesdays, March 19 – April 23, 10:30–11:45AM

Practice 16 movements of Yang-style Tai Chi Chuan

Wednesdays, March 20 – April 24, 10:30–11:45AM

Practice 24 movements of Yang-style Tai Chi Chuan

SIX-WEEK SERIES: Member \$78, Non-member \$105

INSTRUCTOR: ROSE LEE

Explore two mind-body practices that improve health, reduce stress, and increase endurance and mobility. **A**

Chair Yoga in the Conservatories

Thursdays, March 21 – April 25, 10:30–11:30AM

SIX-WEEK SERIES: Member \$70, Non-member \$100

INSTRUCTOR: REBECCA REBER

Stretch, twist, and lengthen through a series of easy movements, using breath and props to get the most out of every movement. The session will end in a relaxing seated Savasana. **A**

Trips & Tours

Weekend Guided Tours

Saturday & Sunday, February 2–24, 2–3PM

Saturday & Sunday, March 2–31, 2–3PM

Included with admission

Explore seasonal garden and conservatory highlights on a docent-led tour. **A**

Booked Group Visits

Personalize your Tower Hill visit with a guided tour of the conservatories. Contact us in advance to receive a 10% discount on general admission for ten or more visitors! For more information, please contact: shauerstein@towerhillbg.org or 508.869.6111 x175.

Boston Flower & Garden Show Trip

Thursday, March 14; Leave Tower Hill at 9AM, return by 4:30PM. Member \$60, Non-member \$70; includes transportation and show ticket.

Enjoy colorful, life-sized gardens, intricate floral arrangements, lectures, demos, and more at the Boston Flower Show.

Treasures of Northern California

September 29 – October 7, 2019

\$3,629/person, double occupancy, including airfare (book before March 29 and save \$50)

Explore the highlights of northern California, including San Francisco, Yosemite National Park, Sacramento, and Lake Tahoe, with winery tours and a farm-to-table lunch at a family-owned vineyard.

Programs by Request

Geared for adults and led by Tower Hill staff at your site* or ours. Please contact the Registrar at 508.869.6111 x124 or registrar@towerhillbg.org to book a program or to learn more.

*An additional instructor mileage fee applies for offsite programs.

Succulent Terrariums

\$400 for up to 15 participants; materials included
Length: 1 hour

Design a low-maintenance terrarium embellished with sand, stones, and other decorative items, while learning about succulents and their care.

The 4.8-inch diameter glass bowl is ideal for a sunny windowsill or tabletop.

Herbal Botanical Prints

\$425 for up to 15 participants; materials included
Length: 1.5 hours

Fresh herbs and inks will be used to create botanical printed artwork or notecards.

Tree Identification

\$225 for up to 20 participants
Length: 1.5 hours

Learn how to identify native trees with or without their leaves. Hands-on practice outdoors can be incorporated when appropriate.

Tree-Pruning Basics

\$225 for up to 20 participants
Length: 1.5 hours

Learn the fundamentals of pruning woody plants, from tools to techniques.

Winter Nature Journaling

\$425 for up to 15 participants; materials included
Length: 1.5 hours

Hand-sew a softbound book and learn artists' techniques for winter journal keeping.



Children, Youth, & Families

All programs are for children with adult companions.

Paid programs include admission.

*Pre-registration recommended.

Cuckoo for Cocoa (Ages 6+)*

Saturday, February 2, 1-2:30PM

Member \$10 child, adult free

Non-member \$15 child, \$15 adult

Warm up and explore the science behind hot chocolate.

We'll learn about the plant we need to make this delicious treat and prepare a recipe of our own.

This class includes the handling and preparation of fresh food products. Please contact youtheducation@towerhillbg.org at the time of registration if anyone in your party has food allergies.

Little Seedlings (Ages 3 & under)*

Tuesdays, February 5 & March 5, 10:30-11:30AM

Join us on the first Tuesday of each month for a special program designed for the youngest aspiring gardeners. We'll explore the gardens in winter using our senses of sight, smell, hearing, and touch.

Family Tracking (All ages)*

Saturday, February 9, 10:30AM-12NOON

Member \$3 child, \$5 adult; Non-member \$8 child, \$20 adult

Join us as we take to the trails to search for signs of wildlife.

We will put our tracking skills to the test as we look for scat, tracks, and more!

Floral Arranging for Kids (Ages 6+)*

Sunday, February 10, 1-2:30PM

Member \$15 child, adult free

Non-member \$20 child, \$15 adult

Discover the art and meaning of floral arrangements.

Create a floral crown or an arrangement for yourself or your favorite valentine!

Maple Sugaring (Ages 3+)*

Saturday, February 16, 11AM-12NOON

Member \$5 child, \$8 adult

Non-member \$10 child, \$23 adult

Everything's better with maple syrup! Join a local expert as we tap some of the resident maple trees at Tower Hill and learn the magic behind harvesting sap and making this tasty treat.

Let's Get Growing!*

Sunday, March 3, 10:30AM-12NOON (Ages 4 to 8)

Sunday, March 10, 10:30AM-12NOON (Ages 8+)

Member \$8 child, adult free; Non-member \$12 child, adult \$15

Help us kick-off our annual *Let's Get Growing* celebration!

Join us and learn about gardens of all shapes and sizes and plant your own miniature herb garden to take home.

Family Hike (All ages)*

Saturday, March 16, 10:30AM-12NOON

Members free; Non-member \$7 child, \$17 adult

We'll explore a new theme each month and take a closer look at what nature has to offer on guided walks around our mile-long loop trail.

Birding for Beginners (Ages 4+)*

Saturday, March 23, 10:30AM-12NOON

Member \$3 child, \$5 adult; Non-member \$8 child, \$20 adult

Many bird species stay in New England year round. Join us on a winter bird walk as we search for some resident species and build a feeder to take home.

Garden Discoveries (Ages 3-5)*

Wednesdays in February & March, 10:30-11:30AM

Join us for a story, craft, and short guided walk in the gardens and along the trails. Each week, we will explore a different, seasonally appropriate theme.

FEBRUARY VACATION WEEK SEEDS OF SORCERY



MONDAY TO SUNDAY, FEBRUARY 18 - 24

Welcome all witches, wizards, and warlocks!

Make your February vacation week one to remember.

Explore our classroom spaces, transformed into a magical castle featuring drop-in activities, crafts, and fun for all!

Magic Show (All ages)

Sunday, February 17, 11:30-12NOON

Member & Non-member \$3 per person at door

Come be mystified at this special plant-themed magic show!

Free Family Walk (All ages)

Monday-Sunday, February 18-24, 1-2PM

Winter casts a spell over the trails and gardens. Enjoy a guided nature walk through our wintry landscape.

Garden Discoveries (Ages 3-5)*

Wednesday, February 20, 10:30-11:30AM

Join us for a story, craft, and short guided walk in the gardens and along the trails.

Story Time (All ages)

Thursday, February 21 &

Sunday, February 24, 10:30-11AM

Join us for a half hour of stories about plants, animals, the seasons, and more!

Magical Mini-Gardens (Ages 5+)*

Thursday, February 21, 11AM-12:30PM

Member \$15 child, adult free

Non-member \$20 child, \$15 adult

Learn how to take care of some of Tower Hill's strangest plants and use your imagination to create your own magical miniature garden in this hands-on workshop.

Wand Workshop (Ages 4-11)*

Friday, February 22, 11AM-12:30PM

Member \$10 child, adult free

Non-member \$15 child, \$15 adult

Create your very own wizard wand and cast a spell on the gardens as we embark on a magical journey through the grounds. For aspiring witches and wizards only.

Plant Potions (Ages 6+)*

Saturday, February 23, 1-2:30PM

Member \$15 child, adult free

Non-member \$20 child, \$15 adult

Join us as we explore the amazing world of apothecary. From herbal remedies to skin care and household cleaners, we will practice the art of herbal crafting and medicine making for the entire family.

YOUTH FIELD TRIPS BOOK YOUR TRIP TODAY!

Whether you're a school, youth, or Scout group, there is something for everyone to enjoy on a Tower Hill field trip. All trips are 90 minutes and align with state and Next Generation Science standards and scout badge requirements.

Space is limited; sign up today!

To make a reservation,
please visit towerhillbg.org.





Dear Friends of Tower Hill,

As winter sets in, let Tower Hill inspire you with exciting displays and programs. Throughout February, discover the powers of plants with *Healers and Killers*. We invite aspiring witches and wizards to *Seeds of Sorcery* during February vacation week to discover the magic and mystery of plants.

In the Limonaia, you will find our camellia collection, which will be highlighted during the Camellia Show, February 16–17. Experience the glory of spring in February and March with our display of more than 7,000 forced bulbs.

March 5–May 12, we are hosting a special exhibit: *Horticultural Heroes*, celebrating horticulturists from across time and all over the world. On March 10, the third Tower Hill READS season kicks off with *The Food Explorer*, a book on the true adventures of David Fairchild, a late-19th century explorer who introduced avocados, mangoes, seedless grapes – and many other foods – to the American plate.

Tower Hill is also offering programs by request. Either at the Garden or off-site, our staff will enhance your organization's next event with such activities as building succulent terrariums or polishing your tree identification skills.

Don't let the cold stop you from enjoying the wonders of nature!

Grace C. Elton
CHIEF EXECUTIVE OFFICER
TOWER HILL BOTANIC GARDEN

TOWER HILL CLOSED JANUARY 2019

Tower Hill will be closed to the public in January while we manage several projects designed to improve the visitor experience for guests and members. We look forward to reopening on February 1 to welcome everyone who needs a blast of color, scent, and warmth to shake off the winter doldrums. During this time, take advantage of our offsite opportunities.

Please see towerhillbg.org for most updated information.



178TH ANNUAL MEETING

OF THE WORCESTER COUNTY HORTICULTURAL SOCIETY

THURSDAY
MARCH 28, 2019
4:00PM

BUSINESS MEETING

Members of Tower Hill and the Worcester County Horticultural Society are invited to a presentation by the Board of Trustees on the Society's business of the past year. In addition, members will elect trustees and officers to the Board and vote on amendments to the bylaws. All are welcome, but only members can vote during the Business Meeting. Please visit towerhillbg.org for more information.



PRESENTATION BY DON RAKOW

The Annual Meeting will feature a presentation by Dr. Don Rakow, associate professor of horticulture at Cornell University. His lecture will focus on the role of public gardens in addressing urgent needs in their communities. The presentation will be followed by a reception in the Great Hall.

Please register at towerhillbg.org or call 508.869.6111 x102.



VALENTINE'S DAY DINNER

THURSDAY, FEBRUARY 14

Back by popular demand! A romantic four-course Valentine's Day dinner presented by Tower Hill's partner, Peppers Artful Events. Guests will share communal tables to enjoy inventive, locally sourced food and drink in the natural beauty of the Great Hall.

Dinner served at 6:30PM. Tickets \$95 per person.
Please visit towerhillbg.org for details.

HORTICULTURAL HEROES

Exhibit MARCH 5 - MAY 12

OPENING RECEPTION
SATURDAY, MARCH 9
1-3PM

This spring Tower Hill will celebrate heroes from the plant world and encourage viewers to become heroes in their communities. This one-of-a-kind exhibit features portraits by local artists of diverse leaders of horticulture, including marginalized groups, who have championed their causes throughout history.





Healers And KILLERS

PLANTS FROM THE
APOTHECARY GARDEN

FEBRUARY 1 – MARCH 3

Escape to Tower Hill, where sub-tropical conservatories adorned with thousands of blooming bulbs and fantastic medicinal plant displays await you. For centuries, people from all over the world have used plants to heal the mind, body, and spirit – but what heals can also be hazardous. Come and discover the mystical and practical powers of plants.

DISPLAYS

From medieval remedies to accidental poisonings, our stunning floral and apothecary displays will delve into current uses and the history and mythology of medicinal plants.

WEEKEND EVENTS

Apothecary Marketplace

Saturday, February 2 & Sunday, February 3
10AM–4PM

Find herbal remedies and botanical beauty products crafted by local makers. Offering everything from salves and tinctures to teas and tonics, this is a one-stop shop for plant-based formulations.

Apothecary in Bloom

Saturday, February 9, 10AM–5PM
Sunday February 10, 10AM–4PM

Gorgeous floral displays filled with healing plants adorn Tower Hill during this special-event weekend. Join in the fun and contribute an arrangement inspired by the apothecaries of yesterday and today. All levels are welcome!

Camellias in the Apothecary Garden

Saturday, February 16, 10AM–5PM
Sunday, February 17, 10AM–4PM

Camellias are truly the queens of the winter flowers. Come see them at this year's Camellia Show, presented by the New England Camellia Society.

Seeds of Sorcery

Monday, February 18 – Sunday, February 24

During February vacation week, witches, wizards, and warlocks are invited to Tower Hill to explore the magic and mystery of plants. **Check out the Children, Youth, and Families section for details.**

IN THE LIBRARY

Exhibit: Apothecary Treasures from the Vault

February 1 through 28

Discover treasures from the library vault, including a 16th-century printed compendium covering plants of all kinds.

Hands-On with Tower Hill Treasures

Saturday, February 2; Sunday, February 24;
Saturday, March 2, 1:30–2:30PM

Pre-registration recommended.

Get up close with treasures from the library vault! Hear the history of herbals – books about plants and their uses – from Tower Hill's librarian, and have a chance to handle books from the early days of printing. Class limit: 10 per session.

PROGRAMS

Stress-Relief Bath Bombs

Sunday, February 3, 1–2:30PM

Member \$50, Non-member \$64; materials included

INSTRUCTOR: NICCI CONNELL

Learn how to blend essential oils to create therapeutic bath bombs. Go home with a set of six and the mold to make more. **A**

Introduction to Essential Oils

Sunday, February 10, 1–2:30PM

Member \$20, Non-member \$33

INSTRUCTOR: LINDA PATTERSON

Discover the health benefits of essential oils and learn how to make high-quality products safely. **A**

Potpourri: Rotten Pots with a Loving Message

Saturday, February 16, 10:30AM–12NOON

Member \$40, Non-member \$54; materials included

INSTRUCTOR: BETSY WILLIAMS

Discover the history of potpourri and the language of flowers through a display of some of the books, old and new, in Tower Hill's library collection. Next, learn the basics of potpourri-making and create a quart of potpourri to take home and enjoy. **A**

Fire Tonic

Saturday, February 16, 1:30–4:30PM

Member \$55, Non-member \$64;

most materials included

INSTRUCTOR: ANASTASIA PAPANIKOLAOU

Try fire tonic, a popular herbal concoction. Learn about its many health benefits and make some to take home. **A**

Natural Facial Salves

Sunday, February 17, 1–3PM

Member \$36, Non-member \$50; materials included

INSTRUCTORS: JENNIE BACKSTROM & TORI CUMMINGS

Make an all-natural herbal salve blended with essential oils to nourish your skin and brighten your complexion year-round. **A**

American Eden: David Hosack, Botany, and Medicine in the Garden of the Early Republic Talk & Book-Signing

Sunday, February 17, 1:30–2:30PM

Member \$10, Non-member \$20

PRESENTER: VICTORIA JOHNSON

A National Book Award for Nonfiction finalist, *American Eden* tells the story of Hamilton's – and Burr's – personal physician, whose passion for botany would lead him to conduct groundbreaking pharmaceutical research and found America's first botanical garden. **A**

Herbal Tea Blending

Saturday, February 23, 9:30–11:30AM

Member \$36, Non-member \$50; materials included

INSTRUCTOR: AMBER KENNEDY

Taste samples of delicious herbal teas for health and healing, then blend your own handcrafted tea made from organically grown and sustainably harvested herbs. **B**

Herbal Tinctures

Saturday, February 23, 1–3PM

Member \$36, Non-member \$50; materials included

INSTRUCTOR: AMBER KENNEDY

Discover how to extract the most beneficial compounds from herbs, roots, and flowers into an alcohol-based preparation. You will make your own herbal tincture to take home. **B**

Growing a Home Medicine Garden

Sunday, February 24, 12:30–3:30PM

Member \$50, Non-member \$64; materials included

INSTRUCTOR: JADE ALICANDRO MACE

This hands-on workshop will identify some of the most useful medicinal plants and teach you how to grow and use them. Participants will sow medicinal seeds and take them home. **A**

Co-sponsored with Herbal Community of Central Mass

Creating Sanctuary: Sacred Garden Spaces, Plant-Based Medicine, and Daily Practices to Achieve Happiness and Well-Being: Talk & Book-Signing

Sunday, March 3, 12:30–1:30PM

Member \$10, Non-member \$20

PRESENTER: JESSI BLOOM

Part inspiration, part how-to, this engaging guide includes ideas for designing a healing space, 50 medicinal plant profiles, recipes for herbal remedies and self-care rituals, and loads more. **A**

The Stillroom Garden

Sunday, March 3, 2–4PM

Member \$36, Non-member \$50; materials included

INSTRUCTOR: KAREN O'BRIEN

In the 16th century, the stillroom was where plants were preserved and preparations were made to assure the health and well-being of a household. This costumed, interactive presentation explores how herbs were used back then and offers participants a chance to make their own herbal elixirs. **B**

February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 HEALERS & KILLERS OPENS Apothecary Marketplace 10AM-4PM What to Propagate 9:30-11:30AM Cuckoo for Cocoa / 1-2:30PM Design-less Gardening / 1-3PM Tower Hill Treasures / 1:30-2:30PM Guided Tour / 2-3PM
3 Apothecary Marketplace 10AM-4PM Stress-Relief Bath Bombs 1-2:30PM Guided Tour / 2-3PM	4 GARDEN CLOSED	5 Little Seedlings 10:30-11:30AM	6 Garden Discoveries 10:30-11:30AM	7 Yoga in the Garden 6-7:15PM	8	9 Apothecary In Bloom 10AM-5PM Family Tracking 10:30AM-12NOON Guided Tour / 2-3PM
10 Apothecary In Bloom 10AM-4PM Essential Oils / 1-2:30PM Valentine Flowers 1:30-3:30PM Floral Arranging for Kids 1-2:30PM Guided Tour / 2-3PM	11 GARDEN CLOSED	12	13 Garden Discoveries 10:30-11:30AM	14 Forest Bathing in the Conservatories 9:30AM-11:30AM Yoga in the Garden 6-7:15PM Valentine's Day Dinner 6:30PM	15	16 Camellia Show / 10AM-5PM Potpourri / 10:30AM-12NOON Maple Sugaring / 11AM-12NOON Fire Tonic / 1:30-4:30PM Guided Tour / 2-3PM
17 Camellia Show / 10AM-4PM Magic Show / 11:30AM-12NOON Facial Salves / 1-3PM American Eden: Talk & Book-signing / 1:30-2:30PM Guided Tour / 2-3PM	18 Seeds of Sorcery 10AM-4PM Free Family Walk / 1-2PM	19 Seeds of Sorcery 10AM-4PM Free Family Walk 1-2PM	20 Seeds of Sorcery 10AM-4PM Garden Discoveries 10:30-11:30AM Free Family Walk 1-2PM	21 Seeds of Sorcery 10AM-4PM Story Time / 10:30-11AM Free Family Walk / 1-2PM Magical Mini Gardens 11AM-12:30PM Yoga in the Garden 6-7:15PM	22 Seeds of Sorcery 10AM-4PM Wand Workshop 11AM-12:30PM Free Family Walk 1-2PM	23 Seeds of Sorcery 10AM-4PM Herbal Tea Blending 9:30AM-11:30PM Free Family Walk / 1-2PM Plant Potions / 1-2:30PM Herbal Tinctures / 1-3PM Guided Tour / 2-3PM
24 Seeds of Sorcery / 10AM-4PM Story Time / 10:30-11AM Growing a Medicine Garden 12:30-3:30PM Free Family Walk / 1-2PM Tower Hill Treasures 1:30-2:30PM Guided Tour / 2-3PM	25 GARDEN CLOSED	26	27 Garden Discoveries 10:30-11:30AM GARDEN WISDOM WEDNESDAY Houseplants: Hidden Treasures / 2-3PM	28 Yoga in the Garden 6-7:15PM		

CAMELLIA SHOW

PRESENTED BY THE NEW ENGLAND CAMELLIA SOCIETY

SATURDAY, FEBRUARY 16, 10AM-5PM

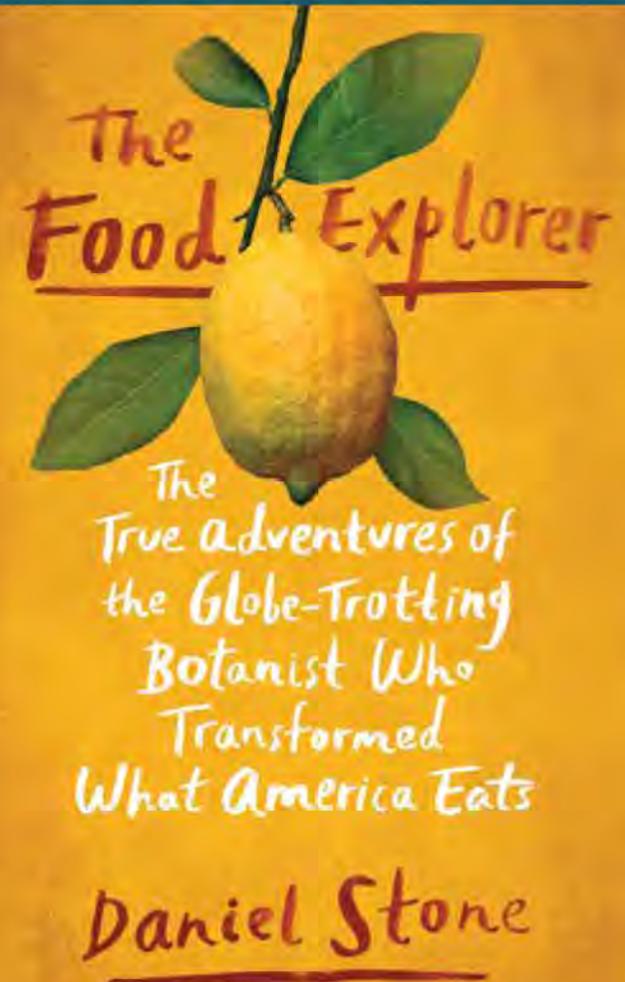
SUNDAY, FEBRUARY 17, 10AM-4PM

Enjoy stunning camellia blossoms and trees from the New England Camellia Society and explore Tower Hill's camellia collection in the conservatories.



March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 LAST DAY OF HEALERS & KILLERS Let's Get Growing! 10:30AM-12NOON Creating Sanctuary Talk & Book-signing 12:30-1:30PM The Stillroom Garden / 2-4PM Guided Tour / 2-3PM	4 GARDEN CLOSED	5 Little Seedlings 10:30-11:30AM	6 Garden Discoveries 10:30-11:30AM	7 Yoga in the Garden 6-7:15PM	8	9 Yoga Mini-Retreat 9AM-12NOON Insects & Disease in the Landscape Q&A 11AM-12NOON Horticultural Heroes Exhibition Opening Reception / 1-3PM Guided Tour / 2-3PM
10 Let's Get Growing! 10:30AM-12NOON Tower Hill READS 2019 Kick-off / 12:30-2:30PM Spring Dish Garden / 1-3PM Zentangle / 1-4:30PM Guided Tour / 2-3PM	11 GARDEN CLOSED	12	13 Forest Bathing in the Conservatories 9:30AM-11:30AM Garden Discoveries 10:30-11:30AM	14 Boston Flower & Garden Show Trip Depart Tower Hill at 9AM Return at 4:30PM Yoga in the Garden 6-7:15PM	15	16 Starting Seeds Indoors 9:30AM-12:30PM Family Hike / 10:30AM-12NOON Winter Tree ID / 1:30-3:30PM Guided Tour / 2-3PM Tell Your Garden Story 2-4PM
17 A Man Named Pearl Documentary Film Screening 1-2:30PM Guided Tour / 2-3PM	18 GARDEN CLOSED	19	20 FIRST DAY OF SPRING! Garden Discoveries 10:30-11:30AM Qigong & Tai Chi 10:30-11:45AM	21 Sogetsu Ikebana 9:30AM-12NOON Chair Yoga 10:30-11:30AM Yoga in the Garden 6-7:15PM	22	23 Birding for Beginners 10:30AM-12NOON Introduction to Home Greenhouses 12:30-3:30PM Guided Tour / 2-3PM
24 Colored Pencil Botanicals 9:30AM-3:30PM Local Food Heroes / 1-2:30PM Guided Tour / 2-3PM	25	26	27 Garden Discoveries 10:30-11:30AM Qigong & Tai Chi 10:30-11:45AM GARDEN WISDOM WEDNESDAY Forcing Branches to Bloom Indoors 2-3PM	28 Chair Yoga 10:30-11:30AM Annual Meeting 4PM Yoga in the Garden 6-7:15PM	29 Tower Hill READS! Book Discussion 11AM-12NOON	30 Conifer Grafting 9:30AM-12:30PM Intermediate Photography 9:30AM-2:30PM Tower Hill READS! Book Discussion 1:30-2:30PM Guided Tour / 2-3PM
31 Colored Pencil Botanicals 9:30AM-3:30PM Guided Tour / 2-3PM	31 GARDEN CLOSED	31 Qigong & Tai Chi 10:30-11:45AM				



TOWER HILL READS 2019

This March and April, read and eat with us! Daniel Stone's *The Food Explorer* is on the menu. Join Tower Hill's third community read to learn about the true adventures of David Fairchild, a late-19th-century food explorer who traveled the globe and introduced diverse crops – avocados, mangoes, seedless grapes, and thousands more – to the American public. Copies are available in the Library and the Garden Shop.

KICK-OFF EVENT: Sunday, March 10, 12:30-2:30PM

BOOK DISCUSSIONS: Friday, March 29, 11AM-12NOON
Saturday, March 30, 1:30-2:30PM

TASTY HAPPENINGS: Stay tuned for delicious programming!